



Wisdom Martial Arts[™] for Global Leadership Development

Presented by Master Del Pe



Wisdom Martial Arts

- Simple evaluation of:
 - Body postures
 - Eye contact
 - Body language
 - Hand positions
 - Physical habits related to behavioral patterns



Practical Strategies & Interactive Demonstrations

- Combination of:
 - Japanese karate
 - Martial arts
 - Cardiovascular exercises
 - Meditation
 - Yogic breathing techniques



Synergy of Processes to:

Discover the relationship among karate stances, postures, movements and karate executions with business acumen and leadership behavioral patterns



Synergy of Processes to:

Get introduced to rapid corrections of leaders' behavioral weaknesses through improvement of stances and karate execution





Synergy of Processes to:

Further empower executives' strengths, positive habits and behavior through karate movements/ execution





Maximizing vitality & stamina development and fatigue & stress tolerance in executives





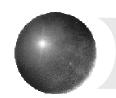
8-Step Internal Stamina Exercises

- Shoulder-Spine Stress Release
- Arm Swing
- Upper Body Turns
- Internal Organs Exercise

- Hip Rolls
- Expanding Squats
- Whole Body Stretch
- Side-to-Side Body Stretch



5 Intelligences of Highly Developed Leaders & World-Class Executives



Instinctive Intelligence

- "Gut instincts"
- Situational manager
- Fast decisionmaker





Emotional Intelligence

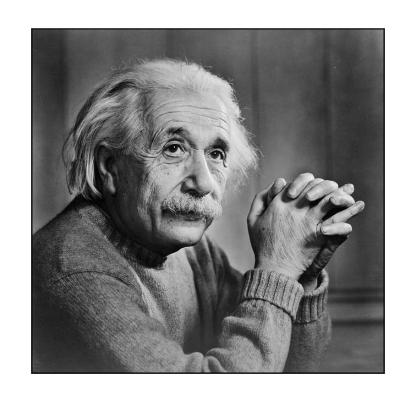
- Heart
- Emotional commitment/ passion
- Magnetic personality





Concrete Mental & Practical Intelligence

- Manager/ Technician
- Common Sense
- Innovation
- What's and How's





Abstract Mental, Entrepreneurial & Philosophical Intelligence

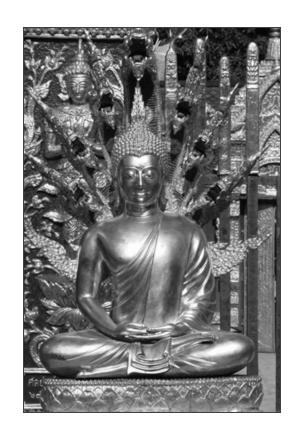
- Visionary
- Bigger Ideas/Creativity
- Philosophy/Purpose
- Entrepreneur





Spiritual Intelligence

- Wisdom
- Intuition
- Leader of All Leaders
- Long-Lasting, Legendary Leadership



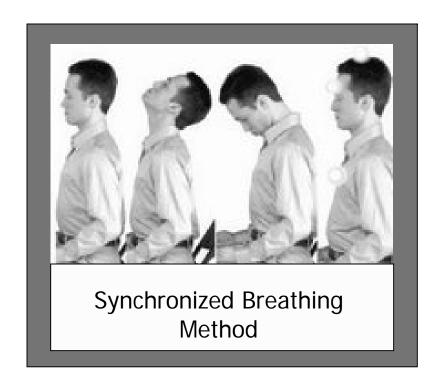


Demonstration & Drills

Instinctive Intelligence



Synchronized Breathing Method™





Expanding Squats



CenteringMeditation

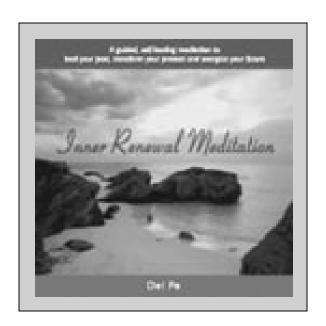


Inner Breathing Method





◆ Inner Renewal Meditation™





Advanced Human Faculty Development

DevelopingLeaders ofLeaders





Advanced Human Faculty Development

- **◆Wisdom**MBA™
- WisdomLeadershipProgram





Training & Coaching/Mentoring of Leaders/Executives





Advanced Human Faculty Development

Wisdom Martial Arts Training



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Advanced Human Faculty Development

5 Intelligences
of Highly Developed
Leaders
Seminar

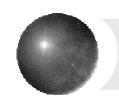




Knowledge brings success. Wisdom brings fulfillment.

- Master Del Pe





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