



**2019 Executive MBA Council Conference  
Director's Program at Hyatt Regency Grand Cypress  
Sunday Oct. 13  
Dr. Kimberly Smith-Jentsch**



8:00-8:45 a.m.	Breakfast
8:45-9:45 a.m.	What is Emotional Intelligence and Why is it Important?
9:45-10:00 a.m.	Break
10:00-11:00 a.m.	Self-awareness Activity - Emotions tasting!
11:00-11:15 a.m.	Break
11:15-12:00 p.m.	Empathy Activity - Reading between the lines!
12:00-1:00 p.m.	Lunch
1:00-2:00 p.m.	Self-regulation Activity - Keeping your cool when your buttons are pushed!
2:00-2:15 p.m.	Break
2:15-3:00 p.m.	Hiring for Emotional Intelligence
3:00-3:15 p.m.	Break
3:15-4:00 p.m.	Facilitating Emotionally Intelligent Teams
4:00-4:15 p.m.	Wrap up